

COVID-19 Update: Board of Commissioners

Carroll County Health Department

January 20, 2022

Sue Doyle, RN, Acting Health Officer

Due to a statewide network security incident, data is limited. The Maryland Department of Health is now sharing limited case data. **Please note all data is subject to change.**

General community guidance

Though cases are decreasing, there are still a very high number of people getting COVID in Carroll County, so we continue to recommend that everyone:

- Wear well-fitting masks in public and around people at high risk
- Avoid crowds and practice social distancing
- Gather outdoors or increase ventilation indoors
- Postpone travel and gatherings if possible
- Test when symptomatic or exposed to COVID or before visiting people at high risk
- Receive recommended vaccines or boosters as soon as possible
- Isolate if you have symptoms until you feel better or can get tested

Maryland COVID Case Data

- Daily cases decreasing
- Statewide positivity down to 20.4%
- Hospitalizations slightly lower: 3,051 (last week 3,462)

Carroll County Data

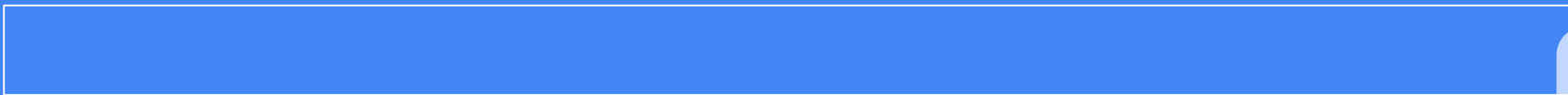
Data through Wednesday, 1/19/22

18,991 (+1,374 since last week's report)

Positivity rate 21.7% (1/18)

341 deaths (+16 deaths since last week's report)

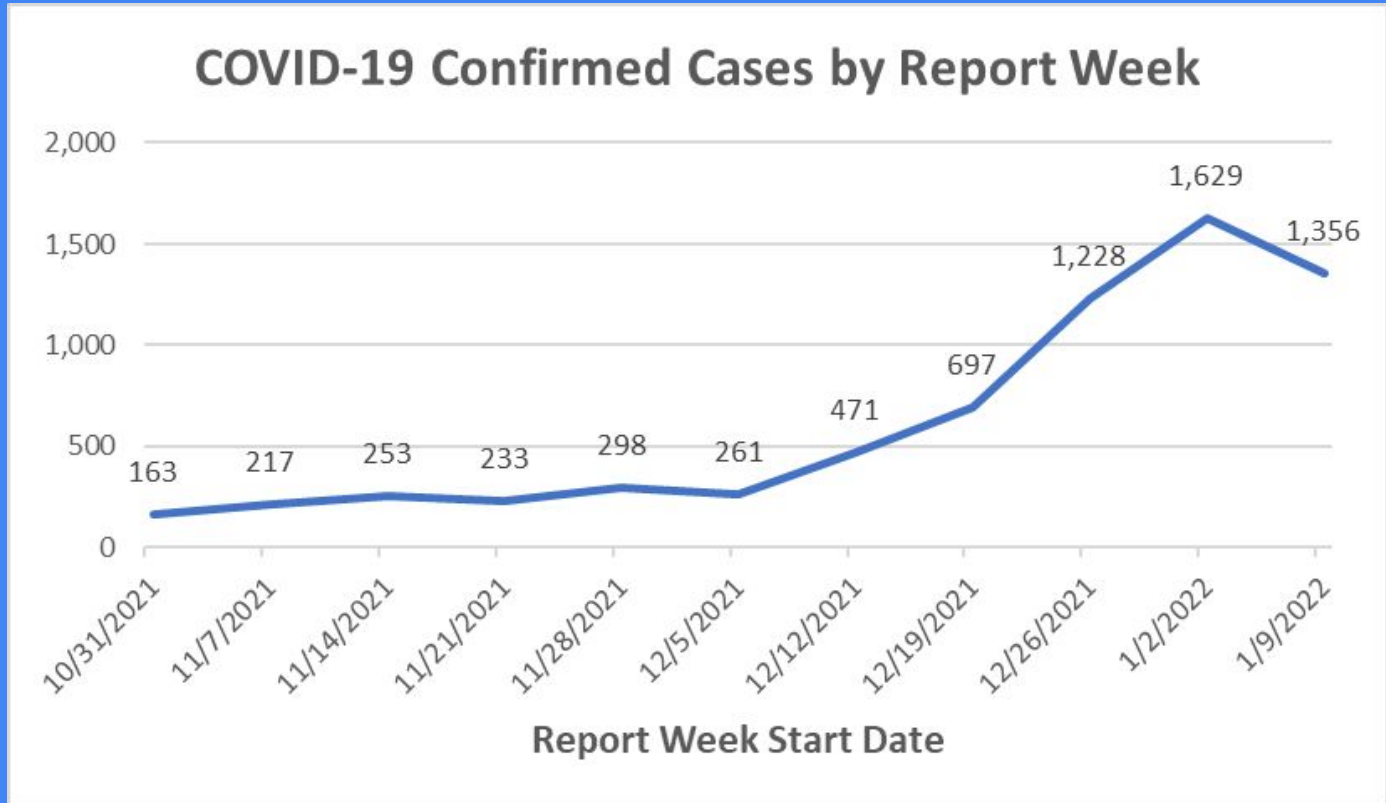
***Deaths and death reports lag cases.**



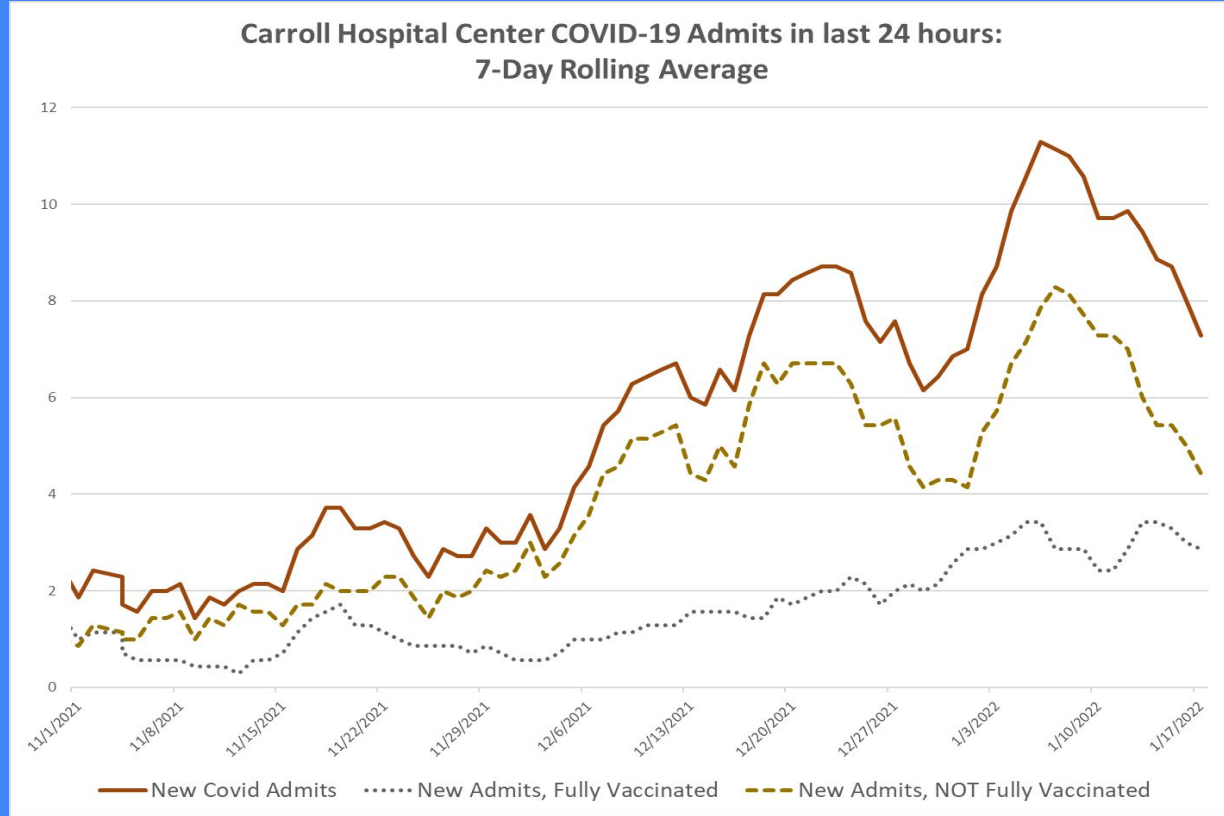
Carroll County Data (through week of January 9th)

Please note:

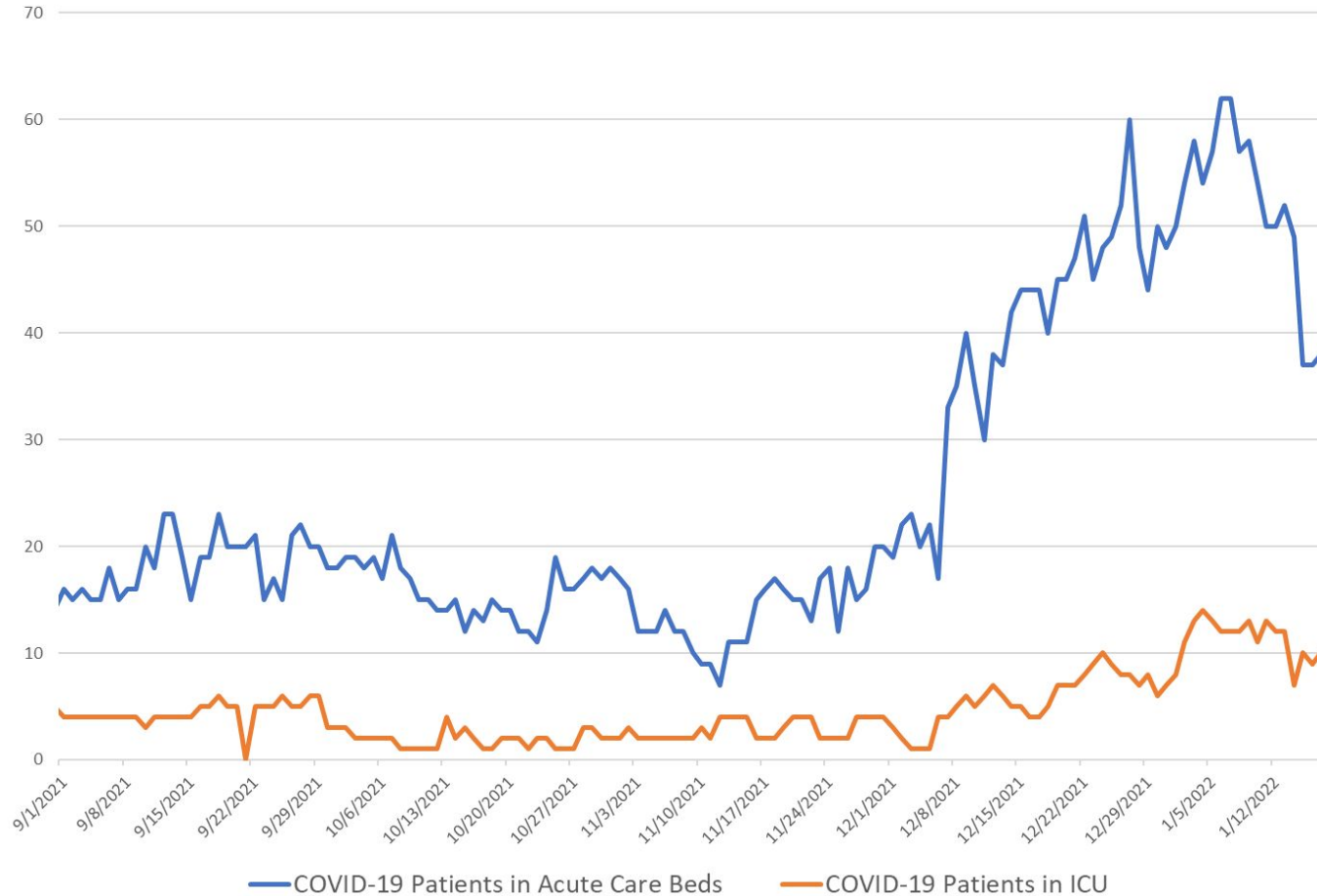
- Confirmed cases only.
- Positive probable tests and at-home tests are not included in these totals.



Carroll Hospital COVID Case Data



ICU and Acute Beds for COVID-19: Carroll Hospital Center



COVID-19 Deaths

Deaths are lagging cases and hospitalizations and data is not complete.

Past week's deaths:

- Unvaccinated (n=11) in age groups 40-49 through 80-89, average age = 68.5
- Vaccinated/boosted (n=4) in age groups 60-69 through 80-89, average age = 78.5

COVID-19 Confirmed Deaths by Week of Death



Vaccinations

Latest vaccination data (through 1/17):

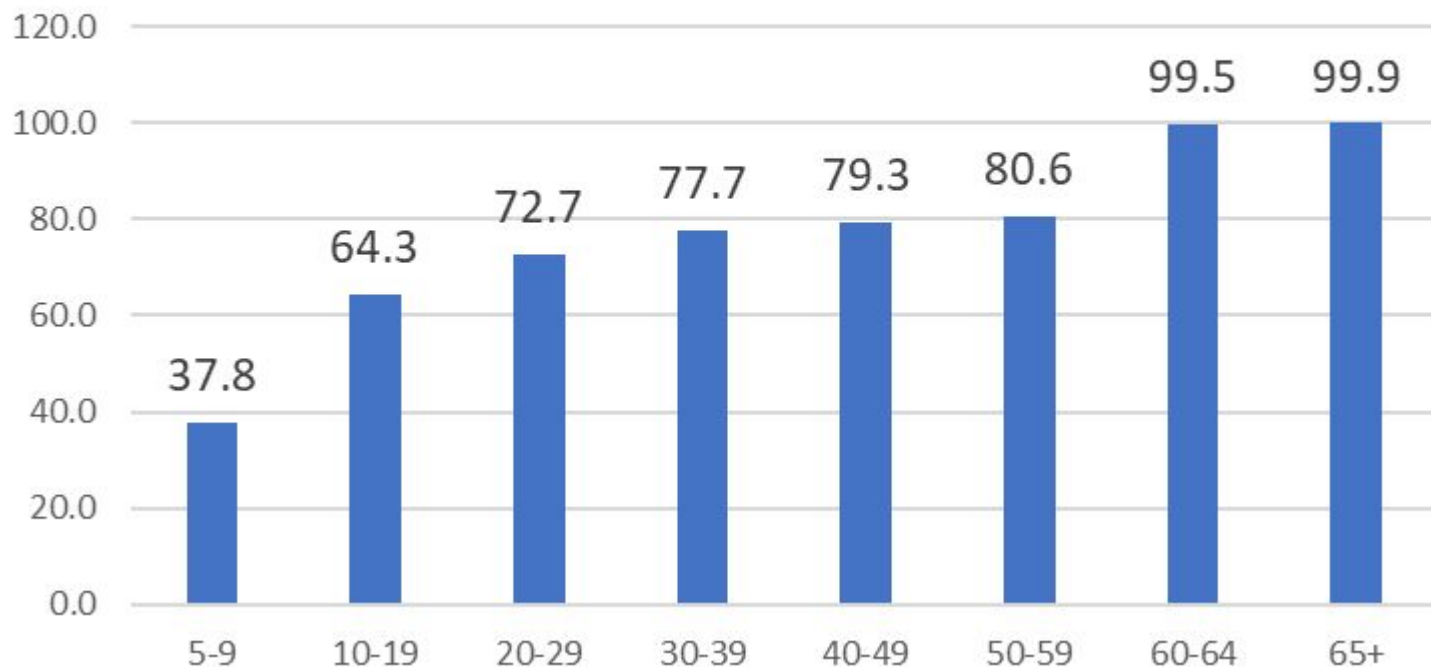
Total CCHD dose data (62,469 total doses)

- 29,582 1st doses
- 27,918 2nd doses
- 771 single doses
- 4,198 additional doses

Of the entire Carroll County population (all ages):

- 75.9% at least 1 dose
- 70.5% fully vaccinated

% Population Vaccinated (at least one dose) by Age Group



Vaccination

- Clinics now at Carroll Community College in K100
- Register at cchd.maryland.gov/registration-links/
- Saturday clinic on 1/22, 9 am - 1 pm
- Boosters are now recommended for everyone ages 12+, 5 months after Pfizer or Moderna, and 2 months after Johnson and Johnson.
- Booster shots remind the body's immune system about the virus it needs to defend against, giving it a "boost".
- Data show that COVID-19 boosters help broaden and strengthen protection against Omicron and other SARS-CoV-2 variants and prevent serious illness and death.
- Vaccinations are also available at most pharmacies and some doctor's offices.

Testing



Testing has been expanded to 4 days a week at the Ag Center, Monday through Thursday, 9 am - 1 pm. Working with the Maryland National Guard. By appointment.

For updated information, visit cchd.maryland.gov/covidtesting/ or call 410-876-4848.

- **If you have been exposed but do not have symptoms, please get tested 5 days after your exposure.** If you get tested sooner than this, you may get a false negative.
- Get tested right away if you have symptoms.
- Please do not go to the hospital or emergency department to get tested.
- Testing guidance may change as we learn more about the Omicron variant.

At-home test kits

- Limited free at-home test kits are being distributed through library branches - none available this week.
- Four kits per household can be ordered at <https://www.covidtests.gov/>
- Insurance companies must provide or reimburse for at-home test kits.
- Health Dept is working to get more test kits to distribute locally.
- New portal to report at-home test results is now available on our website:
<https://cchd.maryland.gov/at-home-test-kits/>

Masking guidance

The CDC updated masking guidance to highlight:

- Masking is especially important as quarantine and isolation guidance is shorter and people are interacting more indoors while COVID spread is high.
- Any mask is better than no mask.
- Some masks like respirators generally work better than cloth masks.
- It is important for a mask to fit your face.

More detailed information is available on our new web page:

<https://cchd.maryland.gov/masking/>

*We have not yet received information when we will receive KN95/N95 masks to distribute to the public.

WHICH MASKS PROVIDE THE BEST PROTECTION?

GOOD



- Fabric mask with three or more cloth layers

BETTER



- Double mask (surgical mask + cloth mask)
- Fitted medical mask (surgical mask)

BEST



- N95
- KN95
- KF94

